

# Steroids

We're proud to offer the UK's only hair testing service for detecting steroid drug use – with 99% of results returned in 3 days or less, since 2013.



*"Top five factors when choosing the right lab:  
Proficiency, Speed, Cost, Accuracy, Accreditation."*

## Unique service

Cansford Laboratories has been testing individuals for anabolic steroid misuse since 2013, and while many labs choose urinalysis for this purpose, we instead test hair samples for the presence of such substances.

## Benefits of hair testing versus urinalysis

Hair testing offers numerous benefits over urinalysis. While a urine sample can tell if an individual has steroids in their system at that moment, hair testing will reveal trends in steroid misuse over a period of seven days to six months.

## Month-by-month picture

This allows us to build a month-by-month picture of steroid use, establishing whether an individual's issues with steroids are worsening or becoming better.

## Other methods #1

Test results can also indicate the month in which a donor ingested a substance and can therefore be used to build a 'picture' of steroid use over time. Accurate and almost impossible to cheat. However, cheating a hair test is exceptionally difficult.

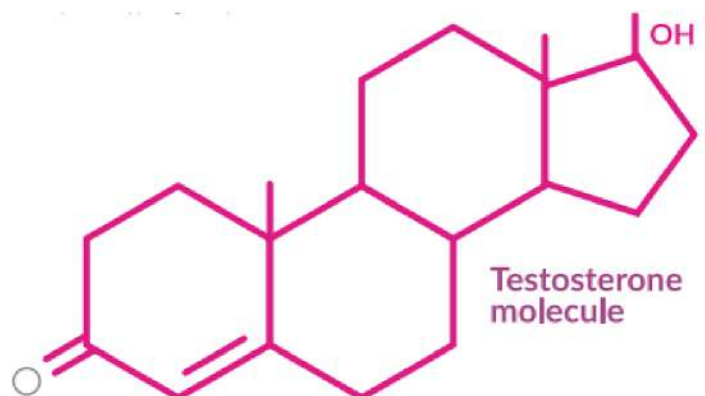
## Other methods #2

Should an individual's hair be completely unsuitable for testing (such as bleaching, shaving the hair off or having a bald scalp, quite common in male bodybuilders), we can still use body hair or fingernails to test for steroid usage.

Our scientists will take the condition of the hair into account to accurately report the findings.

## Window of detection

This allows us to build a month-by-month picture of steroid use, establishing whether an individual's issues with steroids are worsening or becoming better.



## Arrival at our lab

Once the hair sample arrives at our laboratory, the donor cut-off (your client's hair sample) is cut into sections of one-centimetre length.

Each hair strand is tested via LC-MS/MS, or Liquid Chromatography–Mass Spectrometry.

When analysed by an expert, the cut-offs can prove substance use between seven days and a six-month period.

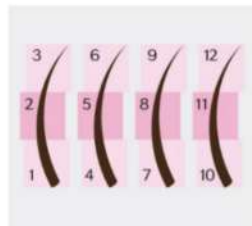
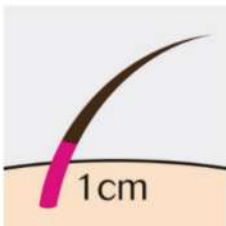
## Cansford method

We have developed methods and the analytical process to consume minimal sample volume.

Our collectors need take a 'shoelace' of hair – significantly less than any other hair testing laboratory.

The minimal sample volume is particularly appreciated by donors undergoing investigation and monitoring.

This saves them embarrassment and still allowing for a spare sample for checking if ever required.



## Asking questions

Hair test results require expert interpretation in court, and when so much rides on the court outcome, it is essential you choose the right hair testing laboratory like Cansford – and ask questions.

## Cansford Laboratories accreditation

Cansford Laboratories is proud to assist hundreds of family law professionals with their caseloads.

We are the only laboratory in the UK testing for steroids in hair, where 99% of the results are returned to you within three days or less.

We are members of the Society of Hair Testing (SoHT), and The International Association of Forensic Toxicologists (TIAFT.)

We are UKAS accredited for drugs and alcohol markers to ISO 17025:2017 standards.

## Get in contact with Cansford Labs

We're here when you need us. Just one phone call or email away and you can consider the job done when booking a sample collection for your client.

 [Info@cansfordlabs.co.uk](mailto:Info@cansfordlabs.co.uk)

 029 2054 0567

[www.cansfordlabs.co.uk](http://www.cansfordlabs.co.uk)

4.9 ★★★★★ 44 reviews

